



EE USA
HOMOLOGACIONES

PLAN DE ESTUDIO CON ENFERMERAS EN USA

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NCLEX-PN Exam Outline

In terms of content and structure, the NCLEX-PN covers several content areas, each with specific weights. Below are the content areas, potential topics, and specific weight ranges per section (which are dependent on the number of questions you end up completing).

CONTENT CATEGORIES	PERCENTAGE OF EXAMINATION
Coordinated Care	18%-24%
Safety and Infection Control	10%-16%
Health Promotion and Maintenance	6%-12%
Psychosocial Integrity	9%-15%
Basic Care and Comfort	7%-13%
Pharmacological Therapies	10%-16%
Reduction of Risk Potential	9%-15%
Physiological Adaptation	7%-13%

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What type of questions can you expect on the NCLEX–PN Exam?

NCLEX–PN examination is divided into four major categories of questions in accordance with their test plan. These areas including the approximate weight percentage are as follows:

Safe and Effective Care Environment	Coordinated Care (16% to 22%)	Topics include client rights, advocacy, client care assignments, prioritization, supervisory concepts, informed consent, ethics and confidentiality, continuity of care, legal issues, referral process, quality improvement, and information technology.
	Safety and Infection Control (10% to 16%)	Covers areas such as an incident report, injury and error prevention, ergonomics, security, and emergency response plans, handling hazardous materials, and home safety.
Health Promotion and Maintenance	6%–12%	Questions are related to the aging process, maternal and childcare, developmental stages, disease prevention, community resources, high-risk behaviors, and methods for collecting data.
Psychosocial Integrity	9%–15%	Topics include mental health, drug dependency, crisis intervention, a coping mechanism, support system, therapeutic environment and communication, cultural awareness, behavioral management, abuse and neglect, sensory alterations, grief process, and stress management.

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Physiological Integrity	Basic Care and Comfort	13%	Questions are related to hygiene, elimination, nutrition, hydration, sleep, mobility, assistive devices, and comfort intervention.
	Pharmacological Therapies	10%–16%	Questions focus on drug administration such as dosage calculation, adverse effects, side effects, expected actions and outcomes, and pain management.
	Reduction of Risk Potential	9%–15%	Topics include vital signs, diagnostic tests, laboratory results, body system alterations, and therapeutic process.
	Physiological Adaptation	7%–13%	Covers all the different physiological adaptations such as medical emergencies, fluid and electrolyte imbalances, and body system alterations.

Study Tips for the NCLEX-PN

The following are the recommended study tips on how to review for the NCLEX-PN:

- **Understand the format of the exam.** Familiarize yourself with the structure of the exam so that it will give you an idea on how to effectively deal with the questions.
- **Use study materials.** Go over nursing textbooks, review some handouts, create some flashcards, or check an online course.
- **Create a study plan and schedule.** Plan which topic you will study on which days of the week and which day you will take a break.
- **Avoid cramming.** Study effectively and efficiently by giving yourself ample time to take in and retain the information.
- **Don't rely on past clinical or work experiences.** The NCLEX-PN exam is always based on evidence-based practice. Your critical thinking skills and book-based knowledge is essential in choosing the most correct answer.
- **Try answering NCLEX-PN Practice Exams.** The practice exams will give you a preview of which topics you have mastered and which areas you need to study more.

Create a 90-Day Study Plan for the NCLEX-PN

Okay, now that you have become familiar with the exam and chosen a premium test-prep resource that has innovative digital study tools to help you recall the information on exam day, it's time to actually build out your three-month NCLEX-PN study plan.

If you are committed to studying every day of your 90-day study plan, you will need to work through at least 25 NCLEX-PN practice questions per day. Plan to spend at least 5-10 minutes per question as you familiarize yourself with the questions and detailed rationales.

The important thing is to build a realistic plan that you know you will be able to follow. Once you've built your study plan for the NCLEX-PN exam, be sure to stick to it. With only three months until exam day, every practice session is important.

NCLEX-PN STUDY PLAN (90 Days)

Month 1: Building Foundations

<p>Week 1: Nursing Fundamentals. Monday to Friday</p>	<ul style="list-style-type: none"> • Introduction to NCLEX-PN format and question types. 4 Hours • Basic nursing concepts: safety, infection control, hygiene. 4 Hours • Practice questions on fundamental nursing skills. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rational of each question.
<p>Week 2: Pharmacology. Monday to Friday</p>	<ul style="list-style-type: none"> • Drug classifications and common medications. 4 Hours • Pharmacokinetics and pharmacodynamics. 4 Hours • Memorization techniques for drug names and classifications. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rationales of each question.
<p>Week 3: Medical-Surgical Nursing. Monday to Friday</p>	<ul style="list-style-type: none"> • Cardiovascular system: diseases, medications, interventions. 4 Hours • Respiratory system: disorders, treatments, nursing care. 4 Hours • Practice questions on medical-surgical nursing topics. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rational of each question.
<p>Week 4: Medical-Surgical Nursing (cont.). Monday to Friday</p>	<ul style="list-style-type: none"> • Gastrointestinal, musculoskeletal, and endocrine systems. 4 Hours • Review nursing interventions for common conditions. 4 Hours • Practice questions on medical-surgical nursing topics. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rationales of each question.

NCLEX-PN STUDY PLAN (90 Days)

Month 2: Content Review and Application

<p>Week 5: Maternal and Child Health. Monday to Friday</p>	<ul style="list-style-type: none"> • Antepartum, intrapartum, and postpartum care. 4 Hours • Pediatric nursing: growth and development, common illnesses. 4 Hours • Practice questions on maternal and child health. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rationales of each question.
<p>Week 6: Psychiatric Nursing. Monday to Friday</p>	<ul style="list-style-type: none"> • Mental health disorders: assessment, interventions, medications. 4 Hours • Therapeutic communication techniques. 4 Hours • Practice questions on psychiatric nursing. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rationales of each question.
<p>Week 7: Comprehensive Content Review. Monday to Friday</p>	<ul style="list-style-type: none"> • Review all major content areas covered in weeks 1-6. 4-6 Hours • Identify weak areas and focus on reinforcement. 4-6 Hours • Practice questions from all content areas. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rational of each question.
<p>Week 8: Comprehensive Content Review (cont.). 4 Hours daily, Monday to Friday and practice with 75 questions daily.</p>	<ul style="list-style-type: none"> • Review pharmacology, medical-surgical nursing, maternal and child health, and psychiatric nursing. 4 Hours • Focus on understanding rationales for correct and incorrect answers. 4 Hours • Practice questions from all content areas. 4 Hours • Saturday: Practice questions including case studies. 75 questions, verifying the rationales of each question.

NCLEX-PN STUDY PLAN (90 Days)

Additional Tips

- Create a study schedule that includes dedicated time for review, practice questions, and self-assessment.
- Utilize a variety of study resources, including textbooks, review books, online courses, and practice exams.
- Stay organized with notetaking, flashcards, and study guides to track progress and reinforce learning.

Guide to preparation (Recommendation)

- Books: Saunders 7 or 8 edition.
- Include pathophysiology if necessary.
- Questions bank (UWorld, Archer)
- NCLEX-PN® Review - Lecture Videos and Practice Questions (uworld.com)