



EE USA
HOMOLOGACIONES

PATHWAY TO THE NCLEX-RN

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NCLEX-RN PREPARATION PLAN

The NCLEX-RN examination constitutes the mandatory standard for obtaining professional licensure as a registered nurse in the United States. Its purpose is not to assess the memorization of theoretical content, but rather to determine whether the candidate possesses the level of clinical judgment, critical thinking, and safe decision making required to practice professionally in a competent and responsible manner.

The current context of the examination demands a deep understanding of the nursing process, the ability to analyze complex clinical information, identify priorities, anticipate risks, and select safe interventions focused on patient protection. In this sense, preparation for the NCLEX-RN requires a structured and systematic approach aligned with the way the examination evaluates the cognitive performance of the nursing professional in real clinical scenarios.

This preparation plan has been designed as a comprehensive academic tool that guides the student in the progressive development of the essential cognitive competencies needed to successfully pass the examination while simultaneously supporting the delivery of safe professional practice. Its focus is centered on strengthening clinical reasoning, evidence based decision making, and prioritization grounded in patient safety, which are fundamental pillars of professional nursing practice in the United States.

The importance of a specific study plan for the NCLEX-RN lies in the fact that success on the examination does not depend solely on prior knowledge, but on the ability to apply that knowledge critically, reflectively, and within context. For this reason, this preparation program represents a key step in the transition from the academic role to the professional role of the registered nurse, ensuring training that is aligned with the real demands of the United States health care system.

NCLEX-RN PREPARATION PLAN

Entry Requirements:

Preparation classes for the NCLEX-RN begin once the student has achieved an adequate level of English proficiency that allows them to understand, analyze, and apply academic and clinical content in this language.

For students who purchased the complete plan with Enfermeras en USA, enrollment in the NCLEX-RN preparation course is contingent upon the completion of a minimum of twelve months of continuous English study. This period is mandatory and is intended to ensure that the student has the necessary language competencies to actively participate in classes, understand academic materials, and appropriately develop the clinical reasoning assessed on the examination.

For students who enroll only in the NCLEX-RN preparation course, it is the sole responsibility of the participant to enter the program with a strong level of English proficiency. All study materials, practical activities, and evaluations are conducted in English. Pre-recorded classes offer the option to be viewed in Spanish; however, this option does not replace the need for functional English proficiency for studying, practice, and evaluation of the course content.

Main Course Characteristics:

The NCLEX-RN preparation course has a **total duration of 20 weeks**. Its academic structure is designed to comprehensively cover the fundamental content of the examination, with a continuous focus on the development of clinical judgment and critical thinking, which are core competencies required to respond effectively to the current NCLEX-RN format.

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- Live classes are taught by instructors specialized in NCLEX-RN preparation and are conducted in an interactive format. During each session, key concepts are reviewed, NCLEX-style questions are analyzed, and clinical cases are practiced, promoting active student participation and applied clinical reasoning. **The purpose of the live classes is not to repeat theoretical content, but to provide relevant guidelines that enable the student to interpret questions, prioritize clinical information, and make safe decisions within the context of the examination.**
- Each week, students are assigned mandatory readings from the book Saunders Comprehensive Review for the NCLEX-RN Examination and from Enfermeras en USA Clinical Judgement for the NCLEX Registered Nurse. **These readings must be completed prior to attending the live class, as they form the foundation upon which academic discussion and clinical application are developed during the sessions.**
- As a complementary resource, weekly pre-recorded classes organized by topic are assigned and may be viewed in English or Spanish. **These videos function exclusively as a support resource when needed and must not replace the assigned readings under any circumstances.** Active reading and study of the written material always remain the primary focus of the preparation process.
- **Work with the question bank must be carried out in parallel with the study of each weekly topic.** As the student progresses through the readings and live classes, they are expected to actively practice the corresponding questions, as this integration is essential for consolidating knowledge and developing the clinical judgment evaluated on the NCLEX-RN.

Access to the UWorld Question Bank:

- The program includes six months of access to the UWorld platform, one of the most widely recognized question banks for NCLEX-RN preparation.

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- This question bank contains more than 2,000 questions designed according to the official NCLEX-RN format and includes computer adaptive testing, which allows students to measure progress and build confidence under conditions similar to the real examination.
- Access to UWorld is managed directly through Enfermeras en USA using the information provided by each student, including name and email address. **It is important to note that the assigned password must not be modified, as periodic reviews of student progress are conducted to provide academic guidance.** If a student changes the password, Enfermeras en USA will not be responsible for the corresponding follow-up.

Academic Monitoring and Study Follow-Up:

Throughout the program, individual monitoring of each student is conducted based on performance in live classes and activity within the UWorld question bank. This monitoring allows for the identification of areas of greater difficulty and, when necessary, the scheduling of targeted academic reinforcement to strengthen specific topics. This approach ensures that each participant receives appropriate guidance to progress confidently in preparation for the NCLEX-RN examination.

Weekly Assessments:

Work with the UWorld question bank is mandatory and constitutes a central component of the course. Each student is expected to independently complete questions related to the topic assigned for the week of study. The use of UWorld is nonnegotiable, as this resource is essential for reinforcing knowledge and preparing the student for the real NCLEX-RN examination format.

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Additionally, computer adaptive tests from UWorld will be used to measure performance and level of preparation under conditions similar to the official examination.

Daily Study Plan:

Each student is advised to maintain a consistent daily study routine following these guidelines:

- **Dedicate at least four hours of study each day.**
- Develop study notes and summaries to reinforce key concepts and support retention.
- Maintain consistency and discipline in independent study, complementing learning from live classes and videos with continuous practice in the question bank.

Mandatory Review of Assigned Materials

It is essential that all assigned materials, including readings and videos, be reviewed prior to attending the live class. Sessions with the instructor are designed to consolidate, analyze, and apply previously studied knowledge, not to replace reading or independent study.

Compliance with this prior preparation is an essential requirement to ensure that classes are truly productive and that the student is able to progress in a solid and effective manner in preparation for the NCLEX-RN examination.

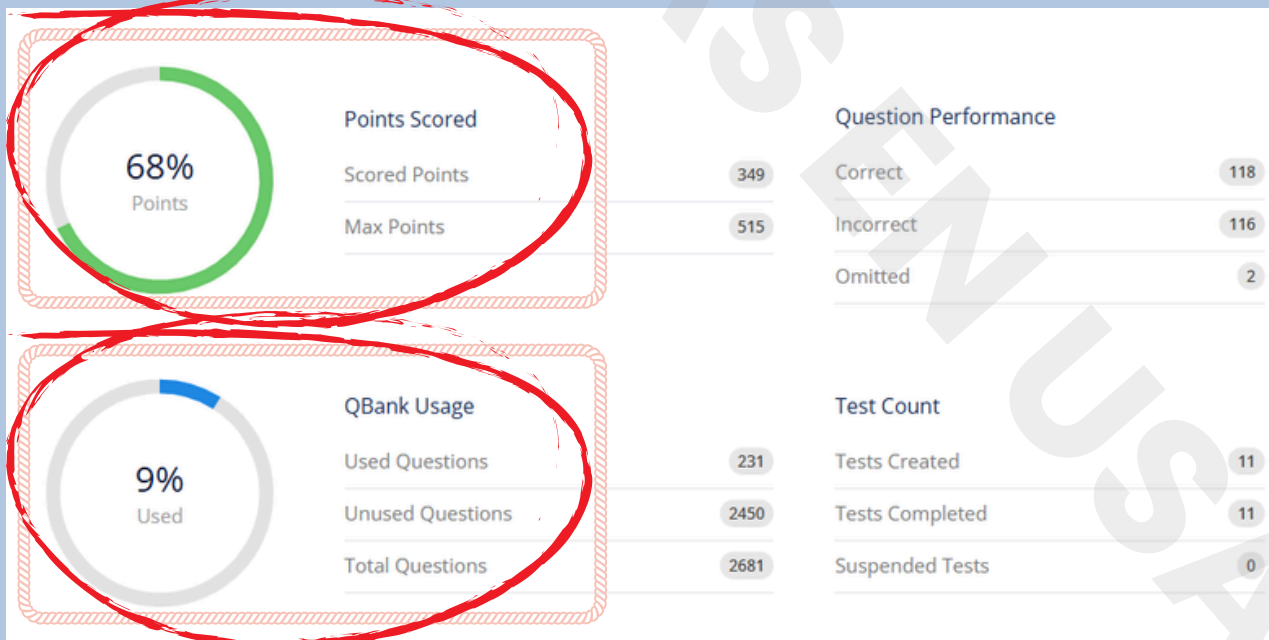
NCLEX-RN PREPARATION PLAN

Progress Requirement to Sit for the NCLEX-RN

At Enfermeras en USA, our priority is to ensure that all students have the highest possible probability of successfully passing the examination. **For this reason, we establish as a requirement that, prior to sitting for the NCLEX-RN, each student must have completed at least 80% of the available questions on the UWorld platform and achieved a performance score between 75-80%.**

This information can be reviewed directly on the UWorld platform under the section labeled Performance, where each student can verify their progress and level of readiness.

This requirement is essential to ensure that participants approach the examination with solid preparation, confidence, and a genuine mastery of the content and skills assessed by the NCLEX-RN.



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NCLEX-RN PREPARATION PLAN

WEEK 1

READINGS

SAUNDERS 9 EDITION

Unit I : NCLEX-RN Exam Preparation (Page #1)

- Clinical Judgment and the Next Generation NCLEX (NGN)-RN Examination (Page #2)
- Self-Efficacy and Pathways to Success (Page #17)
- The NCLEX-RN Examination from a Graduate's Perspective (Page #22)
- Clinical Judgment and Test-Taking Strategies (Page #24)

Unit II: Professional Standards in Nursing (Page #38)

- Population Health Nursing (Page #40)
- Ethical and Legal Issues (Page #53)
- Prioritizing Client Care: Leadership, Delegation, and Emergency Response Planning (Page #68)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Foundations of Clinical Judgment and Professional Standards for the NCLEX Registered Nurse - Página #1 a la #19

VIDEOS

- Introduction to the NCLEX RN
- CLASS #1 - Professional Standards in Nursing
- CLASS # 2 - Nursing as an Ethical Practice
- CLASS # 3 - Referral Process and Emergency Planning

UWORLD

Daily simultaneous work in the question bank.

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NCLEX-RN PREPARATION PLAN

WEEK 2

READINGS

SAUNDERS 9 EDITION

Unit III: Foundations of Care (Page #85)

- Health and Physical Assessment of the Adult Client (Page #143)
- Safety and Infection Control (Page #166)
- Hygiene, Mobility, and Skin Integrity (Page #204)
- Urinary and Bowel Elimination (Page #218)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Applied Assessment, Safety, Skin Integrity, and Elimination Through Clinical Judgment - Página #20 a la #37

VIDEOS

- CLASS # 4 - Foundations of Care
- CLASS #5 - Patient Safety
- CLASS #6 - Infection Control

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NCLEX-RN PREPARATION PLAN

WEEK 3

READINGS

SAUNDERS 9 EDITION

Unit III: Foundations of Care (Page #85)

- Fluids and Electrolytes (Page #88)
- Acid-Base Balance (Page #106)
- Vital Signs and Laboratory Reference Intervals (Page #116)
- Nutrition (Page #132)
- Medication Administration and Intravenous Therapies (Page #178)
- Perioperative Nursing Care (Page #189)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Reasoning in Physiologic Stability, Medication Safety, and Perioperative Care - Página #38 a la #59

VIDEOS

- CLASS #7 – Basic Physiological Processes
- CLASS #8 – Intravenous Therapy
- CLASS #9 – Diagnostic Tests in Nursing Practice
- CLASS #10 – Perioperative Nursing Care

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NCLEX-RN PREPARATION PLAN

WEEK 4

LECTURAS

SAUNDERS 9 EDITION

Unit V: Maternity Nursing (Page #275)

- Reproductive System (Page #277)
- Prenatal Period (Page #285)
- Risk Conditions Related to Pregnancy (Page #300)
- Labor and Birth (Page #323)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Maternity Nursing: Prenatal Assessment, Risk Evaluation, and Safe Intrapartum Care - Página #60 a la #77

VIDEOS

- CLASS #11 - Prenatal Care
- CLASS #12 - Labor and Delivery Nursing Care

UWORLD

Daily simultaneous work in the question bank.

NCLEX-RN PREPARATION PLAN

WEEK 5

READINGS

SAUNDERS 9 EDITION

Unit V: Maternity Nursing (Page #275)

- Problems with Labor and Birth (Page #336)
- Postpartum Period (Page #343)
- Postpartum Complications (Page #350)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Intrapartum Complications, Postpartum Stability, and Maternal Risk - Página #78 a la #96

VIDEOS

- CLASS #13 - Postpartum Nursing Care

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NCLEX-RN PREPARATION PLAN

WEEK 6

READINGS

SAUNDERS 9 EDITION

Unit V: Maternity Nursing (Page #275)

- Care of the Newborn (Page #358)
- Maternity and Newborn Medications (Page #380)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Intrapartum Complications, Postpartum Stability, and Maternal Risk - Página #97 a la #116

VIDEOS

- CLASS #14 - Newborn Assessment
- CLASS #15 - Respiratory and Cardiovascular Conditions of the Newborn
- CLASS #16 - Gastrointestinal, Metabolic, and Endocrine Conditions of the Newborn
- CLASS #17 - Hematological, Neurological, and Infectious Conditions of the Newborn
- CLASS #18 - Nutrition, Safety, and Preventive Measures in the Newborn

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NCLEX-RN PREPARATION PLAN

WEEK 7

READINGS

SAUNDERS 9 EDITION

Unit IV: Growth and Development Across the Life Span (Page #234)

- Theories of Growth and Development (Page #236)
- Growth, Development, and Stages of Life (Page #244)
- Care of the Older Client (Page #266)

Unit VI: Pediatric Nursing

- Gastrointestinal Problems (Page #425)
- Eye, Ear, and Throat Problems (Page #444)
- Respiratory Problems (Page #451)
- Cardiovascular Problems (Page #467)
- Metabolic and Endocrine Problems (Page #416)
- Hematological Problems (Page #399)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment Across the Life Span and Pediatric Pattern Recognition - Página #117 a la #140

VIDEOS

- CLASS #19 – Growth and Development Theories
- CLASS #20 – Developmental Milestones and Nursing Considerations
- CLASS #21 – Pediatric Patient Assessment
- CLASS #22 – Pediatric Respiratory, Cardiovascular, and Gastrointestinal Conditions
- CLASS #23 – Pediatric Hematologic and Endocrine Conditions

UWORLD

Daily simultaneous work in the question bank.

NCLEX-RN PREPARATION PLAN

WEEK 8

READINGS

SAUNDERS 9 EDITION

Unit VI: Pediatric Nursing

- Integumentary Problems (Page #392)
- Oncological Problems (Page #406)
- Renal and Genitourinary Problems (Page #479)
- Neurological and Cognitive Problems (Page #487)
- Musculoskeletal Problems (Page #498)
- Immune Problems and Infectious Diseases (Page #507)
- Pediatric Medication Administration and Calculations (Page #520)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Advanced Pediatric Clinical Judgment in Multisystem Conditions and Medication Safety - Página #141 a la #162

VIDEOS

- CLASS #24 – Pediatric Neurological and Infectious Conditions
- CLASS #25 – Pediatric Musculoskeletal and Integumentary Conditions
- CLASS #26 – Pediatric Renal, Genitourinary, and Oncologic Conditions
- CLASS #27 – Medications, Dosage Calculations, and Administration

UWORLD

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NCLEX–RN PREPARATION PLAN

WEEK 9

READINGS

SAUNDERS 9 EDITION

Unit VII: Integumentary Problems of the Adult Client (Page #527)

- Integumentary Problems (Page #528)
- Integumentary Medications (Page #538)

Unit XIV: Eye and Ear Problems of the Adult Client (Page # 821)

- Eye and Ear Problems (Page #822)
- Eye and Ear Medications (Page #842)

Unit VIII: Oncological and Hematological Problems of the Adult Client (Page #547)

- Oncological and Hematological Problems (Page #549)
- Oncological and Hematological Medications (Page #587)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Integumentary, Sensory, Oncological, and Hematological Conditions - Página #163 a la #183

VIDEOS

- CLASS #28 – Common Integumentary Conditions in Adults
- CLASS #29 – Common Sensory Alterations in Adults
- CLASS #30 – Oncologic Disorders in the Adult
- CLASS #31 – Hematologic Disorders and Blood Transfusions in the Adult

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NCLEX-RN PREPARATION PLAN

WEEK 10

READINGS

SAUNDERS 9 EDITION

Unit IX: Endocrine Problems of the Adult Client (Page #598)

- Endocrine Problems (Page #599)
- Endocrine Medications (Page #626)

Unit X: Gastrointestinal Problems of the Adult Client (Page #641)

- Gastrointestinal Problems (Page #643)
- Gastrointestinal Medications (Page #671)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Endocrine and Gastrointestinal Stability - Página #184 a la #203

VIDEOS

- CLASS #32 – Adult Endocrine Disorders
- CLASS #33 – Adult Infectious Diseases
- CLASS #34 – Adult Gastrointestinal Diseases

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NCLEX-RN PREPARATION PLAN

WEEK 11

READINGS

SAUNDERS 9 EDITION

Unit XI: Respiratory Problems of the Adult Client (Page #679)

- Respiratory Problems (Page #680)
- Respiratory Medications (Page #701)

Unit XII: Cardiovascular Problems of the Adult Client (Page #719)

- Cardiovascular Problems (Page #720)
- Cardiovascular Medications (Page #760)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Respiratory Assessment, Deterioration, and Medication Safety - Página #204 a la #220
- Clinical Judgment in Adult Cardiovascular Stability, Perfusion, and Safe Medication Management - Página #221 a la #239

VIDEOS

- CLASS #35 – Adult Respiratory Disorders
- CLASS #36 – Adult Cardiovascular Disorders

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NCLEX-RN PREPARATION PLAN

WEEK 12

READINGS

SAUNDERS 9 EDITION

Unit XIII: Renal and Urinary Problems of the Adult Client (Page #778)

- Renal and Urinary Problems (Page #779)
- Renal and Urinary Medications (Page #811)

Unit XV: Neurological Problems of the Adult Client (Page #852)

- Neurological Problems (Page #853)
- Neurological Medications (Page #877)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Renal, Urinary, and Neurological Stability - Página #240 a la #260

VIDEOS

- CLASS #37 – Adult Renal Disorders
- CLASS #38 – Neurological Assessment
- CLASS #39 – Neurological Disorders in Adults

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NCLEX-RN PREPARATION PLAN

WEEK 13

READINGS

SAUNDERS 9 EDITION

Unit XVI: Musculoskeletal Problems of the Adult Client (Page #888)

- Musculoskeletal Problems (Page #889)
- Musculoskeletal Medications (Page #910)

Unit XVII: Immune Problems of the Adult Client (Page #918)

- Immune Problems (Page #919)
- Immune Medications (Page #933)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Musculoskeletal and Immune Stability - Página #261 a la #280

VIDEOS

- CLASS #40 – Musculoskeletal Disorders in the Adult
- CLASS #41 – Immune Disorders in the Adult
- CLASS #42 – Pharmacological Pain Management

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NCLEX-RN PREPARATION PLAN

WEEK 14

READINGS

SAUNDERS 9 EDITION

Unit XVIII: Mental Health Problems of the Adult Client (Page #940)

- Foundations of Psychiatric Mental Health Nursing (Page #941)
- Anxiety (Page #941)
- Mood Disorders (Page #959)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Adult Psychiatric and Mental Health Stability - Página #281 a la #301

VIDEOS

- CLASS #43 – Mental Health Fundamentals
- CLASS #44 – Mental Status Examination (MSE)
- CLASS #45 – Anxiety Disorders
- CLASS #46 – Mood Disorders
- CLASS #47 – Personality Disorders
- CLASS #48 – Eating Disorders
- CLASS #49 – Somatic Symptom Disorder and Conversion Disorder

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NCLEX-RN PREPARATION PLAN

WEEK 15

READINGS

SAUNDERS 9 EDITION

Unit XVIII: Mental Health Problems of the Adult Client (Page #940)

- Neurodevelopmental Disorders (Page #968)
- Addictions (Page #975)
- Crisis Theory and Intervention (Page #987)
- Psychotherapeutic Medications (Page #1001)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Neurodevelopmental Patterns, Addictive Behaviors, Crisis States, and Psychotherapeutic Medication Safety - Página #302 a la #323

VIDEOS

- CLASS #50 – Neurocognitive Disorders
- CLASS #51 – Mental Health Disorders in Children and Adolescents
- CLASS #52 – Substance Use and Addiction Disorders
- CLASS #53 – Crisis Intervention and Management
- CLASS #54 – Grief and End-of-Life Care

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NCLEX-RN PREPARATION PLAN

WEEK 16

READINGS

SAUNDERS 9 EDITION

Unit XIX: Complex Care (Page #1015)

- Complex Care (Page #1017)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Complex Adult Care - Página #324 a la #348

VIDEOS

- CLASS #55 – Cardiopulmonary Arrest
- CLASS #56 – Shock
- CLASS #57 – Acute Respiratory Distress Syndrome (ARDS)
- CLASS #58 – Orotracheal Intubation and Tracheostomy
- CLASS #59 – Oxygen Therapy and Mechanical Ventilation
- CLASS #60 – Chest Trauma

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NCLEX-RN PREPARATION PLAN

WEEK 17

READINGS

SAUNDERS 9 EDITION

Unit XIX: Complex Care (Page #1015)

- Complex Care (Page #1017)

PDF Clinical Judgment for the NCLEX Registered Nurse - ENFERMERAS EN USA

- Clinical Judgment in Complex Adult Care - Página #349 a la #389
- The NCLEX as a Professional Threshold of Clinical Judgment Página #390, #391

VIDEOS

- CLASS #61 - Head Trauma (Traumatic Brain Injury)
- CLASS #62 - Disseminated Intravascular Coagulation (DIC)
- CLASS #63 - Diabetic Ketoacidosis
- CLASS #64 - Burns

UWORLD

Daily simultaneous work in the question bank.

NCLEX-RN PREPARATION PLAN

WEEK 18

READINGS

- Guía de Interpretación de Electrocardiograma de ENFERMERAS EN USA.

WEEK 19

READINGS

- Guía de cálculo de dosis de medicamentos y Ejercicios prácticos de ENFERMERAS EN USA

WEEK 20

REVIEW

UWorld Question Bank: Topics with identified weaknesses must be reinforced. If additional support is required, reinforcement classes will be scheduled during this period.

A final assessment will be conducted to verify the student's score and to evaluate whether the student is prepared to sit for the examination with a strong probability of success.